



ST. MICHAEL PARISH | ST. MARY CHURCH

Lent 2024

"Come, let us return to the Lord!"

ASH WEDNESDAY

Masses on February 14:

St. Mary:

7am • 5:30pm

St. Michael:

8am • 12:10pm • 7pm

WEEKDAY MASSES

St. Mary:

Monday, Tuesday, & Thursday: 7am

Eucharistic Adoration

on Thursday, February 15 & March 21,
until 6pm.

St. Michael:

Monday – Saturday: 8am

Eucharistic Adoration after
Wednesday Masses until 8:30pm.

SOUP & BREAD

**Friday, February 23 & March 22,
at 5:30pm**

A free meal at St. Mary Church
before Stations of the Cross.

LIVING STATIONS OF THE CROSS

at St. Michael Parish

Sunday, March 24, at 4pm

Presented by the Youth of the Parish

STATIONS OF THE CROSS

Please join us on **Fridays** during Lent
as we follow the way of the Lord to
Calvary and remember His great love
in giving His life for us.

February 16, 23;

March 1, 8, 15, 22

St. Mary: **6:30pm**

St. Michael: **3pm**

THE CHOSEN

6-Week Video & Discussion Series

Mondays, 8:45-10:15am

at St. Michael (Cotter Hall)

starting February 19

Wednesdays, 6:30-8:00pm

at St. Michael (Drouin Hall)

starting February 21

Thursdays, noon-1:30pm

at St. Mary (Holy Family Hall)

starting February 15

WORSHIP NIGHT

Here on Earth Worship Band +

Adoration

at St. Michael Parish

Sunday, March 10, at 7pm

RECONCILIATION

St. Mary:

Fridays 7-7:30pm

Saturdays 3-3:30pm

St. Michael:

Saturdays 2:30-3:30pm

***Reconciliation Service with area priests
at St. Michael:***

Sunday, March 17, at 3pm

LENT ADVENTURES

**Friday, February 16, 5-7:30pm,
St. Michael, Cotter Hall**

This is a special evening designed to enrich your child's journey to Easter with crafts, food, and faith-filled, fun activities!

Register at bit.ly/LentAd24

Parent & high school volunteers are needed!

*Email Susan (religioused@stmnh.org)
if interested.*

CRS RICE BOWLS

As an act of almsgiving this year, please consider supporting *Catholic Relief Services* and their work with those in need around the world.

Use your rice bowl to collect loose change or money saved when fasting during Lent and return it to church on the weekend of Palm Sunday (March 23-24).

SATURDAY MORNING RETREATS

Join *Vita Nova* and our parish community for a retreat at **St. Michael Parish** as we seek to grow in the Lord this Lent.

Each session will be led by a priest and feature additional speakers offering reflections and prayers to enrich this season of faith.

Men's Retreat

Living and Leading Like Jesus

March 2, 8:30am-2pm

Presented by Fr. Matthew Mason

Women's Retreat

Let's Go and Let God:

Surrendering to Divine Providence

March 9, 8:30am-2pm

Presented by Fr. Rory Traynor

Register at

vitanova.org/2024-lenten-conferences

FASTING & ABSTINENCE

Our obligation according to Canon Law:

LAW OF FAST

Prescribed days of fast: Ash Wednesday and Good Friday. On fast days, all adults (18-60 years of age) are limited to a single full meal. This meal is to be meatless. Two other meatless meals, sufficient to maintain strength, may be taken according to one's needs; however, together these two meals should not equal another full meal.

LAW OF ABSTINENCE

Those who are 14 years of age & older are obliged to observe the law of abstinence by abstaining from meat on Ash Wednesday and all Fridays of Lent, including Good Friday.